



Restorative Practices

RP101J - RESTORATIVE PRACTICES - JUNIOR SCHOOL FOCUS

(4 hours)

PART I - Introduction

1. Introductory Quotes
2. The Traditional Approach to School Discipline
3. Problems with the Traditional Approach
4. What are Restorative Practices?
5. Fundamental Principles and Values of RP
6. The Social Discipline Window
7. Operating Restoratively

PART II - Affect Theory and Shame

1. The Human Emotional System - Biology & Biography
2. The Human Emotional System - Affect, Emotion & Mood
3. Affect Theory - the Nine Innate Affects
4. The Physiology of Shame - the Spotlight of Shame
5. Evading the Spotlight - the Compass of Shame [Video]
6. Adaptive and Maladaptive Shame Management
7. Reintegrative Shaming Theory
8. Potential Shame Experiences and the stages of Adolescence

PART III - RP in Daily Practice

1. RP - a Personal Continuum of Action - Overview
2. Tyler's Procedural Justice Theory
3. Story-telling, Identity Management & Shame Management
4. RP - a Personal Continuum of Action - RP in Practice
5. Restorative Questions - and Questions around Practice
6. Individual Scenarios - *Activity*
7. Aims for Each Restorative Intervention
8. Deconstructing a Restorative Practice
9. Small Group Scenarios - *Activity*

Resources:

Restorative Questions
TV Now - *Powerpoint as walk-in*
Teacher's Guide – Managing Shame, Preventing Violence: A Call to our Teachers
The Compass of Shame
The Social Discipline Window
A Restorative Approach to Conflict
Developing Empathy
Questions Around Practice
The Problem is the Problem
Restorative Practices
Individual and Group Scenarios
Restorative Practices - Deconstruction Sheets