



Restorative Practices

RP101 - RESTORATIVE PRACTICES THEORY, PHILOSOPHY AND PRACTICE

(4 hours)

PART I - Introduction

1. Introductory Quotes
2. The Traditional Approach to School Discipline
3. Problems with the Traditional Approach
4. What are Restorative Practices?
5. Fundamental Principles and Values of RP
6. The Social Discipline Window
7. Operating Restoratively

PART II - Affect Theory and Shame

1. The Human Emotional System - Biology & Biography
2. The Human Emotional System - Affect, Emotion & Mood
3. Affect Theory - the Nine Innate Affects
4. The Physiology of Shame - the Spotlight of Shame
5. Evading the Spotlight - the Compass of Shame [Video]
6. Adaptive and Maladaptive Shame Management
7. Reintegrative Shaming Theory
8. Potential Shame Experiences and the stages of Adolescence

PART III - A Vision of RP across the School

1. RP - a Personal Continuum of Action - Overview
2. Responsive Regulation - a structured approach to RP
3. Tyler's Procedural Justice Theory
4. Lessons from "Deadly Lessons"
5. Story-telling, Identity Management & Shame Management
6. Restorative Consequences Roundtable [Video]
7. RP - a Personal Continuum of Action - RP in Practice
8. Restorative Questions - and Questions around Practice
9. Individual Scenarios - *Activity*

Resources:

Restorative Questions

TV Now - *Powerpoint as walk-in*

Teacher's Guide - Managing Shame, Preventing Violence: A Call to our Teachers

The Compass of Shame

The Social Discipline Window

A Restorative Approach to Conflict

Developing Empathy

Questions Around Practice

The Problem is the Problem

Restorative Practices

Individual and Group Scenarios